



"Thanks for the champers! Really helped my nerves."



**NEW YORK**  
SATURDAY 11 AUGUST

When we go away for the weekend, it's usually just a roadtrip to Harties to stay with someone's Tannie Frieda. But not when you're Nicola Breytenbach. As one of the most sought-after models in the world, the Cape Town gal was spotted in New York catching a helicopter (as you do) to the luxurious Hamptons on Long Island for a weekend away. We love it when locals do well abroad, but can she actually live a more glamorous life? Not fair!

# MENTAL NOTE: BEFRIEND NICOLA...



"There's time to make a pitstop - the ferry has a bar..."